

# Questionnaire! Which of the Four Humours Are You?



## I. Which one best describes you?

- a. I'm confident, cheerful, impulsive and sometimes a bit flighty.
- b. I'm the one who spots problems, but people rarely appreciate that.
- c. I'm usually calm and relaxed, but can also be indecisive.
- d. I'm a natural leader, because I know what's best for people.

## II. On the downside, you can be

- a. hyper and/or unreliable
- b. moody and/or negative
- c. lazy and/or passive
- d. hot-tempered and/or bossy



## III. Which animal do you most identify with?

- a. Pooh: happy, relaxed, interested
- b. Eeyore: resigned to a hard life
- c. Piglet: faithful, devoted and loyal
- d. Tigger: brave but hot-tempered



## IV. What is your reaction to new fads and fashions?

- a. Might be fun... I'll try it!
- b. If it ain't broke, don't fix it
- c. If my friends like it a lot then I'll have a go, too.
- d. I embrace everything new as I like to be ahead of the game.

## V. With every new project you tend to...

- a. Plunge in, work obsessively, then get bored...
- b. Be a perfectionist...
- c. Be a follower...
- d. Be a leader...



## VI. You like this Latin saying:

- a. *carpe diem!* "Seize the day!"
- b. *sunt lacrimae rerum...* "The world is full of woe..."
- c. *perfer et obdura* "Keep calm and carry on..."
- d. *fortes fortuna iuvat!* "Fortune favours the brave!"



## VII. Which Roman Mysteries character is your favourite?

- a. Flavia
- b. Jonathan
- c. Nubia
- d. Lupus

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